



May 13, 2020

Hello children, youth, parents and caregivers,

Some of you might be familiar with the PAH! program, others might not be. PAH! is a children's mental health program supporting Deaf and hard of hearing children, youth, and families as well as hearing children with Deaf parents/caregivers. We work with children from 0-18 years of age. Our services typically cover Halton and Central region.

We are opening up virtual services to other regions in Ontario during this difficult time to support Deaf and hard of hearing children and youth who might not have access to other mental health supports.

We support children, youth, and families who may be experiencing:

- Isolation
- Anxiety
- Sadness
- Conflict at home
- Conflict with peers
- Emotional Outbursts
- Grief
- Trauma
- Communication breakdown
- Other mental health concerns.

You can contact PAH! through our general mail box pah@rockonline.ca, or through our skype address at pah_milton. We will respond with a booked time by video or phone meeting (based on your preference), and an interpreter will be available as needed.

If you are in immediate crisis, please contact your family doctor, or go to your local emergency room. The Kids help-line is accessible both by phone and live chat messenger.

<https://kidshelpphone.ca/>

If you have any questions please contact the team at pah@rockonline.ca.

Thank you,

Erin Barr, PAH! Clinical Lead

PAH! Mental Health Treatment for
Deaf and hard of hearing children, youth,
families, and children of Deaf adults

255 Ontario St. S., Milton, ON L9T 2M5
Voice: (416) 449-9651
pah@rockonline.ca
Fax: (416) 449-8881